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# G A B R I E L S E N A C A D E M Y   Z I N E



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# A Note From The Editor

## Stepping Into a New Month

As we move forward into this latest volume of **Gabrielsen Academy Zine**, we embrace the continuous flow of learning, growth, and exploration. Each month brings new systems, insights, and reflections, blending energy work with the rhythms of daily life.

This edition focuses on February 2025, a month that carried themes of wisdom, transformation, and heart-centered healing. From celestial energies to grounding techniques, the systems introduced this month offered tools for deepening personal practice while encouraging connection with the world around us.

Beyond the techniques and teachings, this zine also captures moments from our own lives—because energy work is not separate from how we experience the world. It weaves through our routines, traditions, and even the simplest moments, whether it's a quiet fika, a snowfall outside the window, or the companionship of a beloved pet on a journey.

Whether you are here for inspiration, guidance, or curiosity, I hope this issue speaks to you in some way. The path ahead is always unfolding—let's walk it together.

Ole Gabrielsen  
Editor, Gabrielsen Academy Zine

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# February 2025: Unlocking Energies of Wisdom, Love, and Transformation



February brought a wave of energies that explored deep wisdom, heart-centered healing, and the mysteries of ancient traditions. With systems that tapped into cosmic forces, divine archetypes, and natural elements, this month's releases created a bridge between historical wisdom and modern energy work. Each technique introduced a unique way to connect with spiritual frequencies, enhance emotional balance, and unlock personal transformation.

The journey began with **Turquoise Magic Star**, a system infused with the calming yet powerful essence of turquoise energy. In many cultures,

turquoise is associated with protection and inner wisdom, often worn by travelers and healers for guidance and clarity. This technique offers a way to channel that ancient energy, not just for personal insight but also for bringing a sense of serenity into daily life. Paired with this was **Royal Cat Technique**, a method that embodies the elegance, confidence, and mystical nature of felines. Cats have long been seen as guardians of spiritual gateways, and this system draws from that archetype, helping to cultivate inner strength and intuitive awareness. The combination of these two techniques offers a balanced approach—one rooted in wisdom, the other in self-assurance.



The exploration of divine energies deepened with **14 Greek Gods Platinum**, a powerful system connecting to the pantheon of Greek deities. Each god and goddess represents an aspect of life, from strength and justice to love and transformation. Ancient mythology has

always provided insight into human nature, and this energy work allows practitioners to embody those attributes. By integrating these divine qualities, one can learn from the myths that have shaped cultures for centuries.



Moving into more ethereal frequencies, **Selenite Essence** introduced an element of purity and clarity. Selenite is known for its ability to clear stagnant energy, creating an environment for higher awareness. This technique aligns with the idea of keeping one's mind and spirit open, much like clearing fog to reveal a clear sky. Similarly, **Goddess Eir's Amethyst Clusters** brought another layer of divine energy. Goddess Eir, a healer from Norse mythology, is associated with wisdom and restoration. Amethyst, a stone linked to intuition and peace, resonates with this theme. By working with this system, practitioners can cultivate emotional and energetic healing, creating a sacred space for rejuvenation.



## CHANNELED MESSAGES VOL 1

BY MARIJANA GABRIELSEN

Another energy shift came with **Channeled Messages Vol. 1**, a collection of channeled messages meant to guide and inspire. Originally compiled in 2021, these messages come from spiritual guides, ascended masters, and divine energies, each sharing insights on abundance, alignment, self-discovery, and the deeper flow of universal energy. This booklet encourages personal connection with guidance beyond the physical realm, allowing intuitive wisdom to flow naturally.

The heart was a central theme in February's releases, and **Green River of Love** perfectly embodied that focus. This system, inspired by Saint Anastasia of Serbia, highlights the importance of emotional healing. Love is often seen as the foundation of all healing, and this technique works

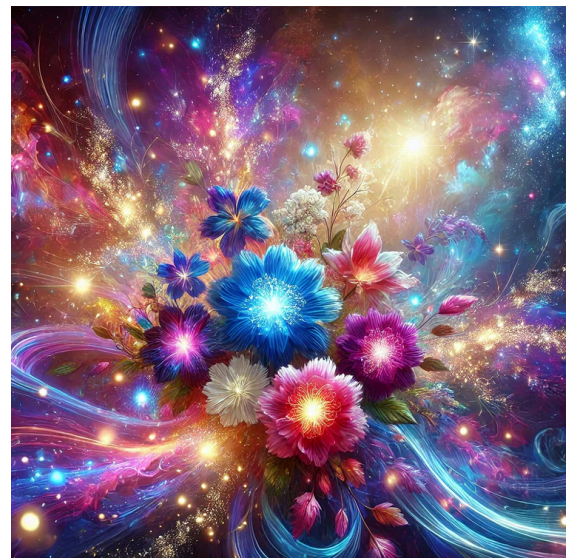
directly with the heart's energy, dissolving past pain and nurturing compassion. The heart is the center of both joy and sorrow, and by tending to its energy, one can experience profound inner harmony.



Adding a cosmic touch, **Moldavite Essence** introduced the energy of transformation. Moldavite, a rare gemstone formed by a meteorite impact, carries an intense frequency that pushes growth and change. This system offers a pathway for those ready to embrace rapid shifts in their journey, allowing them to let go of old patterns and step into new possibilities. Transformation can sometimes feel overwhelming, but when combined with heart-centered techniques like Green River of Love, it becomes a smoother process of evolution rather than a sudden upheaval.

Floral energies took center stage with **Ethereal Flowers Ultimate**, a system expanding on the natural healing

properties of flowers. Throughout history, flowers have symbolized emotions, renewal, and subtle yet powerful transformations. This method allows individuals to work with the delicate yet profound influence of nature's remedies, offering support for emotional balance and energetic alignment. Flowers hold a vibrational language of their own, and by attuning to their wisdom, one can find gentle yet effective healing in everyday life.



Closing the month was **Pyramid Vortex Technique**, a system rooted in the wisdom of ancient Egypt. Inspired by Horus, the deity of vision and higher knowledge, this technique works as a meditative tool to access universal truth. Pyramids have long been associated with spiritual initiation, serving as structures that connect the heavens and earth. This energy system aligns with that sacred geometry, allowing practitioners to open their perception and attune to cosmic intelligence. The journey of self-awareness often requires clearing

illusions, and this method assists in peeling back layers of conditioning to reveal deeper truths.



As February's releases wove together mythology, cosmic influences, and heart-centered healing, they presented a diverse approach to energy work. From ancient gods to natural elements, from feline mystique to celestial wisdom, this month's collection encouraged both inner reflection and outward expansion. Whether through unlocking divine wisdom, clearing stagnant energies, or embracing personal transformation, each technique provided a unique key to growth.

This month reinforced the idea that transformation does not happen in isolation. It flows through different elements—nature, mythology, intuition, and love—each playing a role in shaping our experiences. February was a reminder that energy is always in motion, and by working with these

tools, one can align with the currents of growth and evolution.

## February Pictures & Memories



February in Örebro was a month of quiet routines and small changes, with winter still holding on while hints of spring started to show. Most days were spent enjoying the simple comforts of home, the beauty of fresh snowfall, and a short trip that gave us a little change of scenery—including an adventure for our cat, Leo.

The first day of the month started with fika, a well-loved Swedish tradition. Fika, pronounced 'fee-ka,' is more than just a coffee break. It's a time to slow down, enjoy a hot drink, and have something sweet, like a pastry or cake. Many Swedes take fika twice a day, around mid-morning and afternoon, making it an important part of daily

life. A little visit to a café was a perfect way to start the month, with the smell of fresh coffee and the warmth of a cozy space in the middle of winter.



Like in January, February brought a lot of snow to Örebro, turning the town into a winter postcard. The average temperature was about  $-2.4^{\circ}\text{C}$  ( $27.6^{\circ}\text{F}$ ), with the coldest days dropping to  $-5.1^{\circ}\text{C}$  ( $22.9^{\circ}\text{F}$ ). Snowfall stayed steady, covering streets and rooftops and making everything look peaceful. The frozen air made short walks feel refreshing, and the city seemed to slow down under the weight of winter.

Even though the snowy landscape was inviting, we were busy with work for most of the month. There wasn't much time for long outings, so we spent a lot of time indoors, focusing on projects. Watching the snowfall from inside, while staying warm and productive, made the busy days feel a little more peaceful.

At the end of the month, we finally had a short trip. Since we were traveling, Leo, our cat, came along with us. Traveling with pets can sometimes be tricky, but Leo was surprisingly calm.



Inside his transport cage, he watched everything happening around him with curiosity. He was patient and well-behaved, making the trip easier for all of us. It was nice to have him along, and his quiet presence made being in a new place feel more like home.



Looking back, February felt like a mix of hard work, small traditions, and winter's quiet beauty. The routines of daily life, like fika and the comfort of home, gave the month a sense of rhythm. The fresh snow reminded us to slow down, and our trip at the end of the month gave us just enough variety to appreciate coming back home. Now, as we move into March, there are small signs of spring ahead, but the memories of February remind us that even the slower months have their own kind of beauty.

