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G A B R I E L S E N A C A D E M Y Z I N E



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A Note From The Editor

A New Chapter

As we step into a new year, we welcome the second volume of **Gabrielsen Academy Zine**. Unlike a traditional magazine, a **zine** is often a more personal, independent, and flexible publication—sometimes short, sometimes more expansive, but always evolving with the flow of creativity and purpose. This means the size, format, and content may shift from issue to issue, adapting to what feels most natural at the time.

This edition focuses on January 2025, capturing the energy, reflections, and experiences that shaped the start of the year. The systems introduced this month weave together tradition, nature, and innovation, providing tools for transformation and growth. But beyond the systems, this zine also shares glimpses of daily life—because energy work is not just about practice, but also about how we live, connect, and reflect.

Whether you are here for inspiration, exploration, or simply curiosity, I hope this issue brings something meaningful to your journey.

Let's see where this year takes us.

Ole Gabrielsen
Editor, Gabrielsen Academy Zine

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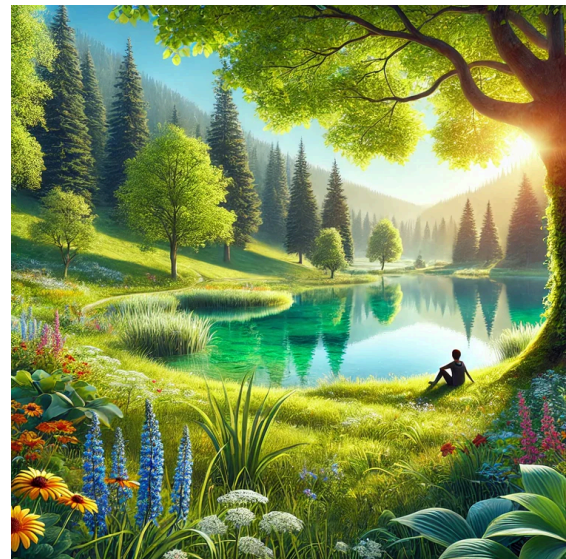
January 2025: Strength, Clarity, & New Beginnings



The new year brings with it fresh energy, new possibilities, and a chance to explore deeper dimensions of self-growth, balance, and expansion. January introduces a collection of systems that offer an exciting blend of tradition, nature, protection, and modern innovation. These systems intertwine in a way that speaks to both the ancient and the contemporary, bridging wisdom from the past with tools for navigating the evolving world.

The month begins with a powerful connection to the deities of Eastern Europe through **Slavic Gods v2.0**. In a time when modern spirituality is often intertwined with global influences, this system brings focus to a specific cultural and mythological foundation. The Slavic pantheon is vast and rich, filled with gods and goddesses

representing the forces of nature, prosperity, and transformation. Working with these energies allows for a deeper connection with ancient wisdom, particularly in matters of strength, leadership, and protection. The presence of these deities can be invoked for various aspects of life, including decision-making, inner fortitude, and the grounding needed in uncertain times. This system's energy can be applied to rituals of empowerment, clearing obstacles, or simply reconnecting with the past in a meaningful way.



As the energy of ancient power settles, January takes a turn toward the harmony found in nature. The **Nature Harmony System** is all about balance and flow. In an increasingly digital world, people often find themselves disconnected from the natural rhythm of life. This system is designed to realign energy, allowing one to embrace self-acceptance while fostering a sense of inner peace. Nature itself is a great teacher when it

comes to balance. A tree does not rush its growth, nor does a river hesitate in its path. By learning to move with the natural flow of life, one can embrace change and transformation more gracefully. The energy of this system encourages reflection on one's environment—both internal and external—promoting alignment in personal, professional, and spiritual life. It offers an excellent complement to the Slavic Gods system, as both emphasize a connection with the fundamental forces that shape existence.



Deep reflection and intuitive clarity are essential when stepping into a new phase, and **Silver Sheen Obsidian Essence** serves as a powerful tool for sharpening perception. This particular variety of obsidian has long been associated with self-reflection, insight, and the ability to see beyond surface illusions. While many are familiar with black obsidian for its grounding and protective qualities, silver sheen adds another dimension by enhancing

awareness and sharpening intuition. This system is particularly useful for those who want to delve deeper into their subconscious patterns, clear out outdated perspectives, and develop a stronger sense of self-trust. It serves as an energy mirror, revealing hidden truths and supporting inner clarity. The natural properties of this system also make it an excellent choice for shielding against external influences, ensuring that one's path is guided by authentic inner wisdom rather than the distractions of the world.

As the month progresses, the focus shifts toward forward momentum and professional expansion with the **New Business Era Technique**. The world is evolving at a rapid pace, and the nature of business, commerce, and creativity is continuously adapting. This system aligns with the energy of Uranus, the planetary force of innovation, digital advancement, and groundbreaking change. It is designed to support individuals stepping into new business ventures, embracing technology, and navigating the opportunities of the digital age. While traditional business models still hold value, the way people work is changing, with an increasing reliance on online platforms, social media, and virtual networking. This system amplifies creative thinking, adaptability, and success in modern professional landscapes. Whether used for launching a project, refining a business idea, or expanding a current career path, the energy of this technique can be a catalyst for forward movement.



These systems, though unique in their focus, weave together in a way that highlights the balance of past, present, and future. The wisdom of the Slavic Gods provides a foundation of strength and tradition, while the Nature Harmony System reminds us to flow with the rhythms of life. Silver Sheen Obsidian Essence offers clarity and insight, ensuring that personal and professional decisions are made with

awareness and confidence. Finally, the New Business Era Technique steps into the digital age, aligning with the innovations of the future.

Together, these energies create a powerful synergy for personal transformation, professional growth, and deeper self-awareness. Whether one is looking for grounding, clarity, expansion, or inspiration, January's systems offer a well-rounded toolkit for stepping into the new year with purpose. The beauty of working with such systems is that they are not just isolated techniques; they can be combined, adapted, and integrated into daily life in ways that resonate personally.

With these tools, January becomes more than just the start of another year—it becomes a month of alignment, growth, and stepping into new possibilities with clarity and confidence.

January Pictures & Memories



January in our town greeted us with a pristine blanket of snow, transforming our town into a winter wonderland. The early days of the month saw temperatures dipping to -4.4°C , with lows reaching -8.9°C , creating the perfect conditions for snowfall.

As the month progressed, temperatures fluctuated, occasionally rising above freezing, but the initial heavy snowfall ensured that the landscape remained beautifully snow-clad.

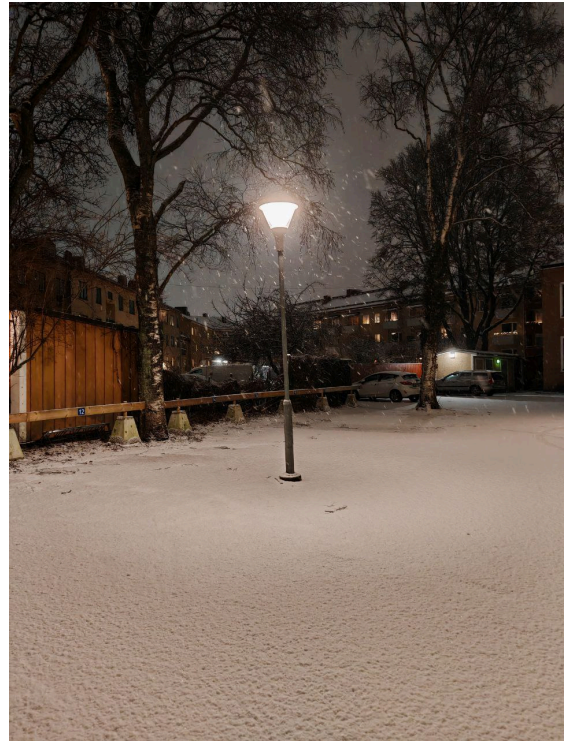
One of the highlights of this snowy month was our invitation to celebrate Orthodox Christmas with close friends. Orthodox Christians observe Christmas on January 7th, following the Julian calendar.

The celebration was centered around a festive meal, bringing everyone together in warmth and tradition. The gathering was filled with laughter, conversation, and the joy of sharing food that carried deep cultural significance.



These dishes varied, reflecting the rich tapestry of Orthodox cultures.

The warmth of the celebration stood in beautiful contrast to the chilly outdoors. The combination of spiritual reflection, cultural immersion, and the joy of shared traditions made for an unforgettable experience.



This January, with its generous snowfall and enriching experiences, has been a month of reflection, celebration, and appreciation for the simple joys that winter brings.

Personally, the snow and cold have always held a special place in my heart. There's a unique tranquility that comes with a snow-covered landscape—the way the world seems to hush, the crunch of fresh snow underfoot, and the crispness of the air. Engaging in winter activities, whether it's a brisk walk through the snow-laden forests or simply enjoying a hot beverage by the window, brings a profound sense of peace and connection to nature.